

Recent magazine interview

1. Where were you raised and where do you consider home now?

*My family has been in SoCal for 7 generations and to my knowledge, not one person has ever lived further than 15 miles from the Pacific Ocean. I was born in Santa Monica, was pushed into waves at Malibu and Killer Dana in the 60's by my father. Currently I live in Del Mar, north of San Diego, maybe a two-wood and a 6 iron from the water. I also spend 50-60 days a year at a second home near the water on the Central Coast.

2. What would you like people to know about you?

*Actually, I'm more interested in learning about other people and their cultures. I've never been a very good champion, even after winning the Ironman Triathlon World Championships. By the time I learned to be gracious w/o feeling nervous, I wasn't winning many titles.

3. What are some of your most recent objectives and completed projects?

*I've been teaching Jr. Lifeguards in the summer and college writing courses during the winter. Recently, I started teaching a course entitled, *Sport and Society* (mostly social and cultural theory w/ a sport application) at SDSU and CSUSM. It took me a long time to find a new passion after I left professional sport. Some days I'll skip a workout to finish preparing a lecture. Who'd a thunk it?

4. What accomplishments are you most proud of either in sport or in life?

*Out of 500+ triathlon, sailing, paddling and adventure events, I've only dropped out of a few. I've help get my kids into their teen years. I hope they'll punch through the other side. I haven't been in a fight since third grade and have no DUIs and have never spent a night in the hospital (as a patient, anyway).

5. What about you would people find most surprising?

*I barely got through high school and now I'm a budding college professor. I don't consider myself competitive though neither did Muhammed Ali.

6. What's a common misconception about you?

*I don't know. I suppose in some cases, people will create their own opinions, regardless. I try to practice what I teach. But if things get too fuzzy, you'll get more mileage out of my stories than by watching me.

7. What are you afraid of?

*Golf and George Bush.

8. When and where have you felt most alive?

*Working as a paramedic in the 80s, watching my kids born, breaking my neck in a bike crash.

9. What is your earliest memory?

*Oh, you mean like yesterday? Or today? Can I get back to you tomorrow on that?

10. What was your first experience in the sport you do now? When did you know this was what you were meant to do?

*You'd have to define the specific sport so I'll just say that the intrinsic benefits of moving across a natural medium, whether it be dirt, water, snow or rock have thrilled me so. It's not a speed thing or a "get outdoors" cliché...it's something immutable and forever. And it can't be owned, sold or commodified. It's essential, as in a Jamesian sense. Damn fun as well.